

### **TENTATIVE PROGRAM**

**International Conference on** 

# TRADITIONAL & ALTERNATIVE MEDICINE

July 22 - 23, 2024 | Zurich, Switzerland



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Traditional Medicine 2024

### **TENTATIVE PROGRAM**

### DAY 1 Monday, July 22

08:30-09:00 Registrations

09:00-09:30 **Introduction** 

### 09:30-09:50 COFFEE BREAK

09:50-11:50 Meeting Hall

**KEYNOTE LECTURES** 

11:50-13:10

**MEETING HALL** 

Talks On: Herbal Medicine - Traditional Medicine

Herbal Remedies and Plant Extracts

Cultural Diversity in Traditional Medicine

### 13:10-13:15 GROUP PHOTO

### 13:15-14:00 LUNCH BREAK

14:00-16:00

**MEETING HALL** 

Talks On: Reiki - Yoga & Mindfulness

Reiki Techniques

Reiki Ethics and Practices

Mindfulness

### 16:00-16:20 COFFEE BREAK

**MEETING HALL (16:20-17:00)** 

**MEETING HALL (17:00-18:00)** 

Homeopathy

Folk Medicine and Remedies

### **Panel Discussion**

### **END OF DAY 1**



### **TENTATIVE PROGRAM**

## DAY 2 Tuesday, July 23

09:00-10:30 Meeting Hall

### **KEYNOTE LECTURES**

### 10:30-10:50 COFFEE BREAK

10:50-12:50

### **MEETING HALL**

Talks On: Natural Therapies - Recent Advances in Traditional Medicine & Alternative Medicine

**Nutritional Therapy** 

Traditional Chinese Medicine (TCM)

Mindfulness-Based Stress Reduction (MBSR)

### 12:50-13:35 LUNCH BREAK

13:35-15:55

### **MEETING HALL**

**Talks On: Integrative Medicine in Healthcare** 

Holistic Approach

Complementary and Alternative Therapies in Integrative Medicine

Clinical Applications

### 15:55-16:15 COFFEE BREAK

**MEETING HALL (16:20-17:00)** 

**MEETING HALL (17:00-18:00)** 

Advances in Traditional Medicine

Acupuncture

### **Awards & Closing Ceremony**

### **END OF DAY 2**

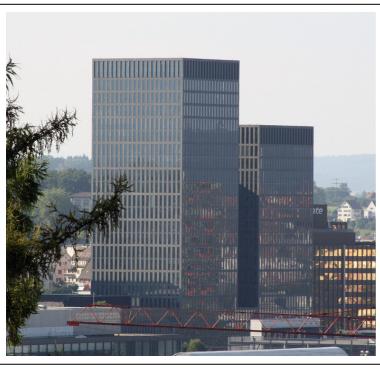


# **Zurich Attractions**











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